



**WOMEN IN  
CHIROPRACTIC**

# Daylesford Weekend

This weekend getaway is offering an opportunity to reflect, connect, share and learn. Presentations over the weekend will include “Connection with Heart – Exploring the role of the vagal system in health, regulation and social behaviour” by Helen Sexton and Yoga – Utilising Neuromuscular Rehabilitation Principles with Roxanne Daniels.

**When:** 24 to 26 May 2019

**Where:** The Oxford Daylesford, VIC

**Dress:** For the yoga class please wear loose clothing suitable for exercise

**Registration:** [southern@chiropractors.asn.au](mailto:southern@chiropractors.asn.au)



**Helen  
Sexton**

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**Roxanne  
Daniels**

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